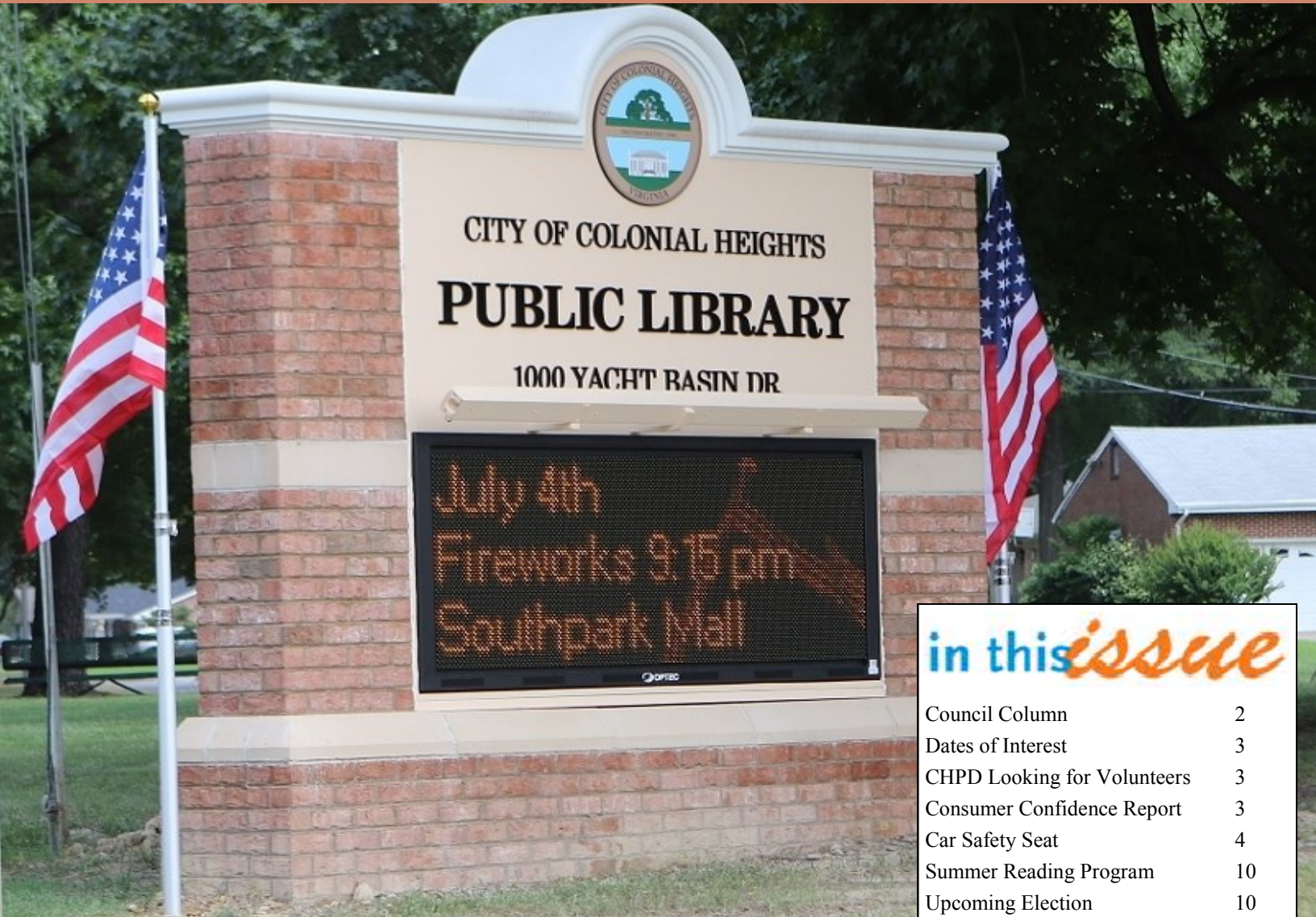


# The City Focus



Official Newsletter for the City of Colonial Heights

Summer 2017



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The City Focus is produced quarterly and mailed to each household in Colonial Heights.

REC-happenings, the Recreation & Parks Department program listing, begins on Page 5 of the City Focus.

## City of Colonial Heights Council Members



**T. Gregory Kochuba**  
Mayor  
[kochubag@colonialheightsva.gov](mailto:kochubag@colonialheightsva.gov)

**Elizabeth G. Luck**  
Vice-Mayor  
[lucke@colonialheightsva.gov](mailto:lucke@colonialheightsva.gov)



**Michael A. Cherry**  
Councilman  
[cherrym@colonialheightsva.gov](mailto:cherrym@colonialheightsva.gov)

**Kenneth B. Frenier**  
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**John E. Piotrowski**  
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[piotrowskij@colonialheightsva.gov](mailto:piotrowskij@colonialheightsva.gov)

**John T. Wood**  
Councilman  
[woodj@colonialheightsva.gov](mailto:woodj@colonialheightsva.gov)



**Pamela Wallace**  
City Clerk of Council  
[wallacep@colonialheightsva.gov](mailto:wallacep@colonialheightsva.gov)  
(804)520-9360

## Contact the City Manager



**Douglas E. Smith**  
City Manager  
City Hall  
201 James Avenue  
[smithd@colonialheightsva.gov](mailto:smithd@colonialheightsva.gov)  
(804) 520-9265



## COUNCIL COLUMN

The summer of 2017 is upon us. Winter has been a whirlwind of activity for the City and Council. First, I would like to thank the voting citizenry for my reelection in November 2016. Besides the campaigning effort from September to November, council has been involved in a flurry of activity; primarily the management of replacing our City Manager and Finance Director positions. Regionally, we avoided subsidizing delinquent utility payments from one of the other regional utility authority members. Now with our newly hired City Manager, Mr. Doug Smith, in place; the first order of significant business is to hire a worthy replacement as Finance Director while working the details for Council to approve a 2018 City Budget before the end of May.

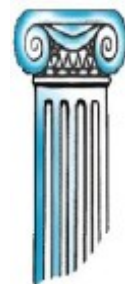
Council had the CVWMA, CFS and DEQ representatives attend the March work session to ensure they were aware of and explain to us the plan to address the host of issues we face as a city, resulting from the current trash site management. More such meetings and reports will be requested by Council in the future with greater regularity. We are also continuing to work revisions of the trailers and commercial vehicle ordinances that work for the majority of our citizens; hopefully to be resolved during this summer as they have been a focus for over a year as of this printing. We did successfully revise our ordinance governing the hours for sale of alcoholic beverages to comply with state code; to further prevent the loss of businesses considering locating in our City to our neighboring localities that have no such restrictions.

Here we grow again; beside the privilege of getting to cut grass with the coming of summer, please notice the array of new construction and businesses. Yes we still have some vacant buildings, but we are going in the right direction. We have an excited and very active Chamber of Commerce with Mr. John Brandt as the lead and they are a huge asset to our community. Besides the VDOT led Interstate and round-about exchange adjacent to the Kroger property/project, we have the Publix grocer replacing the vacated Martin's. In the Southpark area, we have ZZaam Korean Express by Petsmart, Discount Tire by the Interstate ramps, and proposals I hope to see breaking ground this summer like LongHorn Steakhouse on the Lone Star lot and a possible Emergency care facility. Then there is the Farmer's Market on the Boulevard that started in 2016 and is going strong. The Farmer's Market is open every Saturday 9:00 a.m. to 12 noon and has some amazing local products.

We continued our expanded funding for street and road capital improvements for 2017 in addition to the ongoing efforts with VDOT agreements for the Boulevard and widening projects on Dupuy and Lakeview Avenues. So, there will be street resurfacing and repairs while temperatures are asphalt friendly.

Have a fun summer and enjoy the events and activities offered amidst the dust as we remain open while remodeling.

**W. Joe Green, Councilman**  
[greenj@colonialheightsva.gov](mailto:greenj@colonialheightsva.gov)







## Dates of Interest

<b>June 6</b>	<b><i>Planning Commission</i></b> 7:00 pm - Council Chambers
<b>June 13</b>	<b><i>City Council Regular Meeting</i></b> 7:00 pm - Council Chambers
<b>June 20</b>	<b><i>City Council Special Meeting</i></b> 6:00 pm - Council Chambers
<b>July 4</b>	<b><i>City Holiday - Independence Day</i></b>
<b>July 4</b>	<b><i>July 4th Fireworks</i></b> 9:15 pm - Charles Dimmock Parkway
<b>July 6</b>	<b><i>Planning Commission</i></b> 7:00 pm - Council Chambers
<b>July 11</b>	<b><i>City Council Regular Meeting</i></b> 7:00 pm - Council Chambers
<b>July 18</b>	<b><i>City Council Special Meeting</i></b> 6:00 pm - Council Chambers
<b>Aug 1</b>	<b><i>Planning Commission</i></b> 7:00 pm - Council Chambers
<b>Aug 8</b>	<b><i>City Council Regular Meeting</i></b> 7:00 pm - Council Chambers
<b>Aug 15</b>	<b><i>City Council Special Meeting</i></b> 6:00 pm - Council Chambers

## On the Cover...

The Violet Bank Library, now the Colonial Heights Public Library, opened in the basement of the Violet Bank Museum on March 15, 1965, through the efforts of the Colonial Heights Federated Woman's Club. The new Colonial Heights Public Library opened in May, 1980, and expanded in 2006, and now serves 400 – 600 residents each day.

This photo is courtesy of Al Goulder.

## Colonial Heights Police Department is looking for exceptional volunteers!

Do you want to be a vital part of your community? Now you can, by joining the Colonial Heights Auxiliary Police. The Colonial Heights Auxiliary Police is a volunteer organization made up of civic minded people like you who want to be involved and make a difference. The main function of the Colonial Heights Auxiliary Police is to provide support to the patrol division. The Colonial Heights Auxiliary Police are utilized both on assigned and on a call-out basis, as well as ride-along with officers on patrol. The Colonial Heights Auxiliary Police provide supplemental manpower during holiday celebrations, storms, disasters, civic events, athletic events, and school functions. Upon appointment, auxiliary officers will receive basic law enforcement training to include firearm qualifications, criminal/traffic law, defensive tactics, traffic control and additional mandated education.

Do you have what it takes? If so, applications for Colonial Heights Auxiliary Police Officers are only accepted during open enrollment periods. The current enrollment period is May 1 to May 31, 2017. To inquire further about the Colonial Heights Auxiliary Police, please call Captain Dann Ferguson at (804) 520-9312 or email at [fergusond@colonialheightsva.gov](mailto:fergusond@colonialheightsva.gov).



### CITY OF COLONIAL HEIGHTS, VIRGINIA DEPARTMENT OF PUBLIC WORKS

#### CONSUMER CONFIDENCE REPORT 2016

The latest edition of the Department of Public Works' Consumer Confidence Report is now available online. This report summarizes important information regarding Colonial Heights' drinking water source, detected contaminants, educational information, and our efforts to ensure that we continually deliver the safest and highest quality drinking water to our customers. We encourage you to review the report on our web page:

<http://www.colonialheightsva.gov/DocumentCenter/Home/View/1061>

If you wish to obtain your own copy of the Consumer Confidence Report, please contact us at **(804) 520-9372**. We will gladly mail it to you.

## Car seat safety:

### The biggest mistakes parents make, and how to avoid them:

Family vacations are right around the corner. As you pack your car and get ready to hit the road, have you thought about your children's well-being? Are they safely secured in your vehicle? The answer is probably not.



***Colonial Heights Public Safety (Fire, Police, and Sheriff)  
have certified child safety seat technicians on duty.***

Our certified technicians regularly check seats and educate you on the proper installation and use of child safety seats. We estimate that over 90% of the seats that we inspect are installed incorrectly.

#### Here are some tips:

- Select a car seat that fits your child, your vehicle, and your budget. (Expensive is not always better)
- Buy a seat that comes with the extras you want. (Don't use aftermarket products that did not come with the seat)
- Read the label before you buy to make sure the weight, height, and age limits are right for your child.
- NEVER buy or use a child seat from a yard sale, flea market, or Craigslist. Not only are used seats unlikely to come with the manufacturer's instructions (vital for correct installation), but they could be missing important parts, have been involved in an accident (even unseen damage can affect the seat's functioning), fall short of current safety standards, or have been recalled due to faulty design. Moreover, plastic gets brittle as it gets older, so a seat that's too old could break in a crash.
- When you purchase a new seat remember to complete the registration card. This is the only way the manufacturer can notify you of recalls or problems.
- Children 12 and under should be in the back seat. The recommendation is children stay rear facing until age 2.
- Newer vehicles come with lower anchor points. Know what the weight limit is for these anchors. Another option is the seat belt path. Look for the arrows or directions on the label that show you the correct path to use. The lower anchors and seat belt should NOT be used together.
- The center rear seat may NOT be the best position. Your car manufacturer provides instructions on where the seat should be installed.
- Secure the seat with a SNUG fit. Grab at the position where the belt passes through and slide the seat back and forth and side to side. It should NOT move more than 1" inch.
- The 5 point harness strap should be at or just below the shoulders for rear facing. The straps should be at or just above the shoulders for forward facing. Your child should stay in the 5 point harness until they exceed the height and weight of the seat, it's not by age. DON'T be in a hurry to move them to a booster seat.
- The harness straps shall be SNUG against the child. Remove bulky coats prior to snugging the straps. You should not be able to pinch the straps.
- The child needs to be in a belt positioning booster to allow the seat belt to be positioned across the shoulder and chest and the lap belt across the hips. If the belt is across the neck, behind the shoulder, or across the abdomen area the child could suffer serious injury or death if involved in a collision.
- The child shall remain in a child seat or booster till they are 4 foot, 9 inches tall. Regardless of age, every child has to be seat belted.
- Once your child has out grown the seat, now what? Most people do not realize that seats have expiration dates. If the seat has expired, DON'T use it. Destroy the seat and place it in the trash. If you decide to give your seat to a family member or friend, make sure it has the federal labels in place, the child receiving the seat is the proper height and weight, and you know the history of the seat.
- If your vehicle is involved in a collision, **NEVER** reuse the seat regardless of if the child was in the seat at the time or not.

City residents can call Colonial Heights Fire Administration @ 520-9387 to schedule a car seat inspection. You can also find information by logging onto the Safe Kids website @ [www.safekids.org](http://www.safekids.org).

## COLONIAL HEIGHTS RECREATION AND PARKS DEPARTMENT

Office Hours: Monday - Friday 8:00am - 5:00pm

P.O. Box 3401 / 901 Meridian Avenue

Colonial Heights, VA 23834

[www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks)

Recreation and Parks Office	(804) 520-9390
Recreation and Parks Fax	(804) 520-9203
Senior Activities & Classes	(804) 520-9220
Senior Transportation	(804) 520-9219
Teen Center	(804) 524-8717
Weather Cancellation Line	(804) 524-8788
Violet Bank Museum	(804) 520-9395

### REGISTER BY MAIL

To register by mail, send your registration form with check to:

Colonial Heights Recreation and Parks  
P.O. Box 3401  
Colonial Heights, VA 23834

### REGISTER IN PERSON

To register in-person, please visit our office, Monday - Friday 8:00am-5:00pm:

Recreation and Parks Office  
Shepherd Stadium  
901 Meridian Avenue  
Colonial Heights, VA 23834

### REGISTER OVER THE PHONE

Call the office at (804) 520-9390 during office hours to register. All phone-in registrants are responsible for signing a waiver form and returning it to the Recreation Office before the first class.

### REGISTER ONLINE

To register online, please visit us online at [www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks) and click the register online link.

### AFTER HOURS DROPBOX

We have a Drop Box for after hours collection of registrations, payments and uniforms; located in front of the Community Center at 157 Roanoke Ave.

### PAYMENT OPTIONS

The City accepts Cash, Check, money order and major Credit Cards. Discover card not accepted at this time. Please make checks payable to: "City of Colonial Heights". \$35 fee may apply for returned checks

### CONNECT WITH US...



### YOUTH FOOTBALL & CHEERING REGISTRATION

Ages: Boys & Girls 5-13 (as of 7/31/17)

Registration will be accepted Mon thru Fri, 8am-5pm, May 1 thru July 14 at the Recreation Department office. Flag football begins in early September and Tackle football begins the 1st week in August.

#### Age Divisions:

Flag	ages 5-7
Minor	ages 8-9
Junior	ages 10-11
Senior	ages 12-13

Fees: \$20.00 per child

The fee for anyone registering after July 14 is \$30. Players registering after July 14 are also subject to being placed on a waiting list. Children MUST be Colonial Heights Residents and eligible for enrollment in the Colonial Heights school system.

We are now a part of the Chesterfield Quarterback League and children must turn 8 years old prior to July 31st in order to play tackle football.

### FALL YOUTH VOLLEYBALL REGISTRATION

Ages 6-14

The Youth Volleyball League is designed to teach boys and girls the fundamentals of Volleyball through league play. The league emphasizes sportsmanship, skill development and teamwork in a safe and fun learning environment. Registration for the 2017 Fall Volleyball season will begin on June 5th and end on Friday, July 21st. Practices will begin in August. Practice days and times will vary depending on the number of teams.

Fee: \$40

Divisions:

6 - 8 (instructional)

9 - 11 (minors)

12 - 14 (juniors)

### FALL ADULT SOFTBALL LEAGUE

Ages 16+

Colonial Heights Recreation Department is accepting teams for their 2017 Fall Softball League. Registration is being accepted for All teams. League will include a round-robin regular season (depending on number of registered teams), post-season double elimination tournament, team and individual awards, umpire association team registration, and umpire fees. League play is tentatively scheduled to begin in early-September. Limited openings, first to pay=first to play.

Fee: \$400

Deadline: 8/11/17

Teams must be available to play any weeknight. Teams must supply game balls. Balls must be USSSA Classic M or USSSA Classic M Plus.

### FALL YOUTH FIELD HOCKEY REGISTRATION

Ages 9-15

Colonial Heights Youth Field Hockey is a youth field hockey program for girls ages 9 - 15. The program teaches the fundamentals and provides organized team play for local area youth. Participants will need to provide their own equipment. Registration for the 2017 Fall Field Hockey season will begin on June 5th and end on Friday, July 21st. Practices will begin in August. Practice days and times will vary depending on the number of teams.

Fee: \$50

### FALL GIRLS FASTPITCH SOFTBALL REGISTRATION

Ages 9-14

The Girls fastpitch program will play in the Chesterfield Girls Softball Association. Games will be played on Saturdays starting in September in Chesterfield and Colonial Heights. Practices will begin in August.

Fee: \$50 Divisions: U10, U12 and U14



Fri 6/9 8-9pm	Flora Hill Park
Fri 7/21 8-9pm	Lakeview Park
Fri 8/11 8-9pm	White Bank Park
FREE & open to the public; please pre-register	



## TENNIS LADDER

Ages 18+

Meet and compete against other area tennis players. Play on your own level whether you are a beginner or 4.0 and play at your own convenience. Players set their own matches at their convenience and can play as often or as little as they want and wherever they want. Players are ranked on the ladder similarly to how the pros are ranked, by earning points. The more you play, the more points you receive to improve your ranking. Call the Recreation and Parks Department for additional information or to register for the Tennis Ladder.

Fee: \$15 per participant

## FALL JUNIOR TEAM TENNIS

Ages 6-18

USTA's Junior Team Tennis brings kids together to learn and play the game of tennis as a team. Junior Team Tennis is designed for kids to play singles, doubles and mixed doubles matches against other local teams. Junior Team Tennis promotes skill development, social skills and important values by fostering a spirit of cooperation and unity, as well as individual self-growth through tennis lessons and match play. Registration for the 2017 Fall season begins on Monday, June 5th and ends on Friday, July 14<sup>th</sup>. Practices start in August and participants can select weekly practice days and matches are on weekends.

Fee: \$40

## FIELD HOCKEY CLINIC

Ages 6-17

The Colonial Heights HS Field Hockey Program and Colonial Heights Recreation Department will again Co-Sponsor a Summer Field Hockey Clinic. The Clinic will be under the Direction of Colonial Heights Varsity Girls Field Hockey Coach Dan Pulskamp.

Mo-Tu 7/17-7/18 9:00am-11:00am  
\$25 Soccer Complex



## FALL BOYS LACROSSE

Ages 8-11

Colonial Heights Youth Lacrosse is a youth lacrosse program for boys ages 8 - 11. The program teaches the fundamentals and provides organized team play for local area youth. Participants will need to provide their own equipment. Registration for the 2017 Fall lacrosse season will begin on June 5th and end on Friday, July 21st. Practices will begin in August. Practice days and times will vary depending on the number of teams.

Fee: \$50

## TENNIS LESSONS

Ages 6-18

The Colonial Heights Recreation Department will again be offering Summer Tennis Lessons. The Morning Lessons will take place at the Colonial Heights Middle School Courts and the evening classes will take place at the Colonial Heights High School Tennis Courts. No lessons on July 3 or July 5.

### 6-10 Year Old Lessons—\$40

Mo/We 6/19-8/2 9:00am-10:00am  
Mo/Wed 6/19-8/2 6:00pm-7:00pm  
CHHS Tennis Courts

### 11-18 Year Old Lessons—\$45

Mo/We 6/19-8/2 10:00am-11:00am  
Mo/Wed 6/19-8/2 7:00pm-8:00pm  
CHHS Tennis Courts

Visit our website at  
[www.colonialheightsva.gov/recandparks](http://www.colonialheightsva.gov/recandparks)  
to view info on our parks & facilities.

## FOOTBALL CAMP

Ages 6-12

The Colonial Heights High School Football Program and the Colonial Heights Recreation Department will again be Co-Sponsoring a Youth Football Camp. The Camp will be under the Direction of Varsity Football Coach Buzz Edwards.

We-Th 7/19-7/20 6:00pm-8:00pm  
\$25 CH Football Stadium

## BASEBALL CAMP

Ages 6-12

Coach Brent Ellenburg and assistants will help each camper improve their fielding, hitting, pitching and base running skills through drills and games. Players are grouped together by age and abilities. Limited space is available.

Mo-Th 6/19-6/22 8:30am-12:00pm  
\$50 Shepherd Stadium  
*\*After June 5th registration fee is \$65.00*

## BASKETBALL CAMP

Ages 6-17

The Colonial Heights High School Basketball Program will be again Co-Sponsoring their Annual Summer Youth Basketball Camp. The Camp will be under the direction of Colonial Heights High School Basketball Coach John Thomas.

Mo-Th 7/10-7/13  
9:00am-11:30am 6-11 year olds  
12:00pm-3:00pm 12-17 year olds

\$40 Tussing Elem. Gym

**DIVE-IN  
MOVIE  
NIGHT**

**Saturday July 22—8:30pm**  
**Colonial Heights Swim & Yacht Club**

## CHEERLEADING CAMP

Ages 5-12

The Colonial Heights High School Cheerleaders and Colonial Heights Recreation Department will again be co-sponsoring a Youth Cheerleading Camp. The Camp will be under the Direction of Colonial Heights Varsity Cheer Coach Mary Vaughn, Colonial Heights Varsity Cheerleaders and Colonial Heights Recreation Cheer Staff.

Mo-Th 7/17-7/20 6:00pm-7:00pm  
\$25 CH Football Stadium

## SOCCER CAMP

Ages 5-13

Colonial Heights High School Soccer Program and Colonial Heights Recreation & Parks are offering a Youth Soccer Camp. The camp is under the direction of CHHS Varsity Soccer coach J.P. McNulty. For beginner or intermediate soccer players looking to improve skills and have fun.

Mo-Th 6/26-6/29 10:00am-12:00pm  
\$20 Soccer Complex

## Classes & Activities

## SUMMER PLAYGROUND PROGRAM

Ages 6-12 (As of 7/1/17)

The Summer Playground Program is a supervised day camp. Campers can enjoy games, crafts, active play, trips, and special guest activities. All campers must be registered for this program and must be residents of Colonial Heights. All youth who have completed Kindergarten are eligible for camp enrollment. Camp registration fee includes camp t-shirt & wristband.

Mo-Th 6/26-8/4 8:00am-5:30pm  
\$32 to register child for camp  
\$40 each week, includes cost of trips  
Locations (60 max at each site)  
Lakeview Elem. School  
North Elem. School

### Playground Parent Orientations

All parents who attend will receive \$15 off the cost of their Summer Playground Program Camp Registration.

Th 5/25 4:00pm-5:00pm  
We 6/7 5:30pm-6:30pm  
FREE Community Center

## SUMMER TOTS PROGRAM

Ages 3-5 (As of 7/1/17)

The Summer Tots Program is an interactive classroom experience. This program engages youth through the use of educational activities, crafts, sing-a-longs, circle time, special guests and trips. All enrolled youth must be fully potty-trained to attend. Participants parents are encouraged to drop-off their child(ren) during program hours to allow participants to get used to a classroom setting. This program has a maximum of 20 participants and observes a 1:7 ratio of staff to children.

Mo-Th 6/26-8/3 8:30am-11:30am  
Fr 6/30-8/4 10:30am-12:30pm  
Tussing Elem. School

Fees:  
All weeks \$100  
Per week \$20

Non-residents may enroll, as space permits, starting 6/15/17. \$175 for all weeks, \$35 per week.

## EXPLORE THE URBAN WILD SERIES

All Ages

You don't need to leave the city to explore nature and the Parks of Colonial Heights in a whole new way. This program is an outdoor educational program for all ages held in various parks in the city of Colonial Heights programs will include astronomy, earth science, biology, and much more.

### Astronomy

Fr 6/9 10:00pm-11:00pm  
\$5/person or \$10 per family of 4 Ft. Clifton Park

### Earth Science

Sa 7/22 10:00am-11:00am  
\$5/person or \$10 per family of 4 Ft. Clifton Park

### Astronomy

Fr 8/11 10:00pm-11:00pm  
\$5/person or \$10 per family of 4 Ft. Clifton Park



**Event Sponsorships Available**

**\$25/entry**

**Sat July 15 - 9:00am**

**Lakeview Park**

Lakeview Park will be full of spectators waiting to see who will float, sink or swim at the first ever "Cardboard Boat Regatta". Contestants will make boats out of cardboard & tape and will rely on their inventions to keep them afloat as they race across the lake. Pre-registration is required & all teams will need to collect their own cardboard. Life vests are mandatory for all team members. Prizes will be awarded to the winners and most creative designed boats! Contact us at (804)520-9391 for a full set of rules/instructions/details.



## OKINAWAN KARATE

### Children's Class (ages 5-9)

The focus of this class is on respecting others, self control, self discipline, and avoiding confrontation. The Karate techniques that are taught begin with basics such as falling, tumbling, balance, flexibility, agility and coordination. Once a student is proficient in all the basics, they may move up to the next class. Each session is for 8 weeks. No class on 5/29.

Mo/We	5/1-6/21	5:00pm-5:45pm
Mo/We	7/5-8/16	5:00pm-5:45pm
\$60	Lakeview Elem. Gym	

### Youth/Teen Class (ages 10-17)

This class moves at a much faster pace. More advanced skills and techniques are taught and it is more physically demanding. Subjects such as pain response, basic anatomy and physiology and balance disruption are taught. Students earn belt ranks as they progress based on skill and proficiency....not time! Each session is for 8 weeks. No class on 5/29.

Mo/We	5/1-6/21	6:00pm-7:30pm
Mo/We	7/5-8/16	6:00pm-7:30pm
\$80	Lakeview Elem. Gym	

## BELLY DANCING

Ages 13+

This class is designed to teach the traditional Cabaret Style belly dancing while providing an excellent cardio workout that strengthen your core and your abdominal and lower body muscles. All shapes, sizes, and fitness levels are welcome.

Th	6/2-6/23	6:00pm-7:00pm
Th	7/7-7/28	6:00pm-7:00pm
Th	8/4-8/25	6:00pm-7:00pm
\$30	Community Center	

## SHORTY & JUNIOR CHEF

Ages 6-12

The theme for this session of cooking classes is "Cooking around the World". Join the Recreation Department in learning how to cook various meals from different parts of the world. Students will learn the fundamentals of preparing simple meals. During the last session participants will engage in making a group meal for their parents or special guest.

### Shorty Chef (ages 6-8)

Tu	7/18-8/15	6:00pm-7:00pm
\$40	Community Center	

### Junior Chef (ages 9-12)

Tu	8/29-10/3	6:00pm-7:00pm
\$40	Community Center	

## MUDDY BOOTS

Ages 2-5

Join Recreation and Parks in an adventure through nature with your preschooler at one of the many parks in Colonial Heights. We'll read nature themed books, and then take a walk on the wild side to find the nature right outside our door. Children must be accompanied by a parents, and of course wear boots or sneakers the can get a little dirty.

Th	8/3-8/24	10:00am-11:00am
\$20	Ft. Clifton Park	

## BEGINNER YOUTH ARCHERY

Ages 8-12

The Archery Program is designed to educate local youths and teens about archery, with an emphasis on safety. Students will learn how to use entry level compound bows, as well as archery safety, range set-up, and more.

Th	6/8-7/20	5:30pm-6:30pm
\$40	Appamatuck Park	

## INTRO TO COMPETITION ARCHERY

Ages 10-15

The Competition Archery Program is designed to educate local youths and teens about archery, with an emphasis on safety through archery competition. Students will build upon what they learned and properly use compound bows in competition.

Th	6/8-7/20	6:30pm-7:30pm
\$60	Appamatuck Park	

## INTRO TO BACKPACKING

Ages 10+

Intro to Backpacking is a five-week program intended to turn each participant into a bon-a-fide back-country explorer. We'll start with a clinic to familiarize you with the gear required to enjoy backpacking. The next three weeks we'll meet, strap on a full pack, take a 3- to 5-mile hike, and along the way stop at various points to perform a backpacking task: break out the tent and set it up, get out the cook set and make a meal, and much more. The fifth week will be graduation weekend: we'll leave on a Friday evening and head to the mountains for a weekend of backpacking. All children must be accompanied by an adult during the duration of the program.

Sa	5/27-6/17	9:00am
\$60	Roslyn Landing Park	

## 3-2-1 BLAST OFF

Ages 8-12

Join the Recreation Department as participants learn the basics of rocketry, building and launching model rockets. Each child will build, decorate, and launch a rocket. Students will keep their rocket at the conclusion.

Th	8/3-8/31	6:00pm-7:00pm
\$40	Roslyn Landing Park	

GET  
READY  
FOR

# The Great American BACKYARD CAMPOUT

**Fri-Sun June 23-25**  
**Ft. Clifton Park**

**Join the Recreation and Parks Department for this overnight camping event in Historic Fort Clifton Park on the Appomattox River, whether you're a first-timer or an old hand, for traditional outdoor and camping activities such as storytelling, s'mores, crafts, games, night hikes, river exploration, and, of course, camping in tents.**

**Check-in Fri 6/23 5pm until 7pm**  
**Check-out Sun 6/25 before 11am**  
**\$20/family—space is limited!**

**Call us at (804)520-9391 to reserve your spot and for more information.**



**GREAT AMERICAN CAMPOUT**



# Teen Center

## TEEN CENTER

The Teen Center is located inside the Community Center at 157 Roanoke Ave. Participants must be City of Colonial Heights residents and eligible for enrollment at Colonial Heights Middle School or Colonial Heights High School. Admission to the Teen Center is FREE. Participants may bring a guest, but there is a \$5 charge for all guests.

The Teen Center features an Xbox 360, PlayStation 3 and PlayStation 4, Wii, 3 big screen TVs, computers, arcade basketball and foosball. Contact the Teen Center at 524-8717 for more information.

### Hours of Operation

Monday - Friday	3:00pm-8:00pm
Saturday	1:00pm-8:00pm
Sunday	Closed

# Senior Center

## SENIOR CENTER

The Senior Citizen Center is adjacent to the Community Building at 157 Roanoke Avenue. It is open Monday through Friday, 8:30 am to 4:30 pm. The Center is open to adults 50 years of age and older who are City Residents. All Senior Citizen programs are FREE unless noted.

## SENIOR TRANSPORTATION

The Transportation Department operates 8am-4pm Monday-Friday, except City Holidays. Senior Citizens sixty (60) years of age or older that are City of Colonial Heights residents, needing transportation for medical, business, or personal reasons may obtain rides throughout the City of Colonial Heights. Transportation is provided to Petersburg, Hopewell and Fort Lee for medical appointments only. Vans are equipped with hydraulic lifts for wheel-chairs. Reservations must be called in 24 hours in advance of your appointment. Please call 520-9219 for further information.

## ACTIVITIES & FITNESS

### Monday

8:30am	Muscles in Motion
9:30am	Tai Chi ( <i>Library</i> )(6/26-7/31 <i>Sr Ct</i> )
9:30am	Bowling ( <i>League Fee</i> )
10:00am	Strength & Stretch
11:00am	Zumba Gold (\$5)
1:30pm	Pickle Ball ( <i>Swift Creek Baptist</i> )
1:30pm	Bridge 101 ( <i>sign-up</i> )
3:00pm	Computer Class ( <i>sign up</i> )
4:00pm	Beginners Sewing ( <i>sign-up \$12</i> )

### Tuesday

9:00am	Yoga
9:30am	BP Screening ( <i>3rd Tue</i> )
10:00am	Sit & Let's Get Fit
11:00am	Sit & Let's Get Fit
11:00am	Bunco
12:00pm	Duplicate Bridge
1:00pm	Bingo
1:30pm	Water Aerobics ( <i>SYC - \$2</i> )
3:00-6:00pm	Quilts for Vets ( <i>Last Tue</i> )
3:00pm	Open Sew ( <i>1st, 2nd &amp; 3rd Tues</i> )

### Wednesday

8:30am	Muscles in Motion
10:00am	Strength & Stretch
10:00am	Crochet & Knitting Group
11:00am	Line Dancing
11:30am	Pickle Ball ( <i>Swift Creek Baptist</i> )
12:00pm	Party Bridge

### Thursday

9:00am	Yoga
9:30am	Sing-A-Long
10:00am	Sit & Let's Get Fit
11:00am	Sit & Let's Get Fit
11:00am	Interval Strength Training
12:45pm	BP Screening ( <i>1st Thur</i> )
1:15pm	Senior Citizens Club Mtg.
2:00pm	Watercolor

### Friday

8:30am	Muscles in Motion
10:00am	Strength & Stretch
1:00pm	Computer Class ( <i>sign up</i> )
1:30pm	Water Aerobics ( <i>SYC - \$2</i> )
5:30pm	Open Paint
7:00pm	Senior Dance ( <i>2nd Fri - \$6</i> )

# Trips

## LOWER JAMES RIVER RAPIDS TRIP

Ages 6+; children under 18 must have paid adult

Feel the flow and pull of the river as we white water raft on the lower part of the James. This is an intense and very active trip; please only register if you have experience. For more information please contact us at 520-9220.

We	7/12	8:30am-3:00pm
\$65	Leave from Community Center	

## KING FAMILY VINEYARD

Ages 21+

At King Family Vineyard their philosophy is simple: making great wine requires exceptional fruit. Come and taste for yourself. Cost includes wine tour + tasting and transportation. For more information please contact us at 520-9220.

We	7/19	9:00am-4:00pm
\$24	Leave from Community Center	

## TANGIER ISLAND

All ages; children under 18 must have paid adult

Come join us on a wonderful boat ride to the majestic Tangier Island in Reedville. So please wear your walking shoes and bring bottled water and snacks. For more information please contact us at 520-9220.

Fr	9/15	6:30am-5:00pm
\$65	Leave from Community Center	

## PADDLING TRIP

All ages; children under 18 must have paid adult

Join us for a day of white water rafting on the James River. Escape the bustle of the city and immerse yourself in the natural playground of the river.

Sa	6/17	7:00am-6:00pm
\$75	Leave from Community Center	

**Monday October 16th**

**\$48 per person**

**Minimum of 40 required**

**\$20 Slot Play included**

**For more information  
call (804)520-9220**

**Depart 7am return approx. 9:30pm**

**Motorcoach Transportation**

## Summer Reading Program

The Colonial Heights Public Library will be offering its annual summer learning/summer reading program for youth of all ages. This year's theme is "Reading by Design," and will take place from June 26 – August 2, with several events occurring each week. Highlights include multiple STEM workshops and a show by *Mad Science*, wildlife shows with mammals and reptiles, an aquarium program featuring sharks, 4-H educational events, and cooking for kids with *Edible Education*. We will also be serving a free lunch twice weekly for all youth through age 18.

Youth through high school age may register for the online reading program and earn points and virtual badges by reading (younger children may listen to stories), attending library events, and visiting local museums or participating in various learning activities. Qualify for free books and several grand prizes.



A detailed calendar of all events will be available on the children's page of the library's website beginning in June.

Through the generosity of the Library of Virginia and the Institute of Museum and Library Services, the Colonial Heights Public Library will once again be offering nature backpacks for families to check out. The backpacks include free admission and parking at any Virginia State Park, along with nature guides and helpful items for use on the trail.

Questions? Contact Chantal Emerson at [emersonc@colonialheightsva.gov](mailto:emersonc@colonialheightsva.gov).

## Christmas at the Biltmore

3 Nights/4 Days

November 28th

To

December 1st

For more information  
contact (804) 520-9220

Double: \$599/person    Single: \$799/person

## Upcoming Election

Next Election:

Tuesday, June 13, 2017

Democratic Party Primary Election and Republican Party Primary Election

### On the Democratic Ballot:

#### Governor:

- Ralph S. Northam
- Tom S. Perriello

#### Lt. Governor:

- Justin E. Fairfax
- Gene J. Rossi
- Susan S. Platt

### On the Republican Ballot:

#### Governor:

- Edward W. "Ed" Gillespie
- Corey A. Stewart
- Frank W. Wagner

#### Lt. Governor:

- Bryce E. Reeves
- Glenn R. Davis, Jr.
- Jill H. Vogel

Last day to register to vote or update your existing voter information to be eligible for the June 13, 2017 Dual Primary Election is Monday, May 22, 2017.

Absentee voting begins April 28, 2017. In person absentee voting is available through Saturday, June 10, 2017.

To request an absentee ballot by mail your request must be made no later than Tuesday, June 6, 2017 by 5:00 pm.

Virginia law allows you to vote in only one political party primary election when multiple political party primary elections are held on the same day. Each primary has a separate ballot listing different candidates. The voter must indicate which ballot he would like to receive.

Virginia law requires all voters to provide an acceptable form of **photo identification** (photo ID) when voting in person at their polling place.

To check your registration status, please go to [www.elections.virginia.gov](http://www.elections.virginia.gov) or call the Registrar's office at 804-520-9277.

Please check with the City's website [www.colonialheightsva.gov](http://www.colonialheightsva.gov), under Registrar, for voting information.







## I-95/Temple Ave. project progress; new traffic shift in place

Construction on the I-95/Temple Avenue Improvements Project continues to progress according to schedule. Work crews completed grading operations on Temple Avenue between the existing travel lanes, which included demolition of the temporary wire wall. The grading and demolition work serves to even the eastbound and westbound lanes.

The latest traffic shift was completed smoothly in early April, which shifted westbound traffic slightly to the left in newly constructed lanes. This shift allows for the remainder of the Temple Avenue bridge westbound to be deconstructed in May.



Over the next few months, residents and travelers will see some of the finishing elements progress. Sidewalks and curbs will be installed on Temple Avenue beginning in May and the new right turn lane from Temple Avenue eastbound onto to Hamilton Avenue will also be constructed in May/June. Crews will be working on the new southbound I-95 exit ramp, tying in storm drains. This work is occurring outside the travel lanes, which will limit impacts to traffic.

Light poles, overhead sign foundations and conduit are currently being installed along Temple Avenue. Temporary lane closures have been implemented to complete this work safely. In addition, the sanitary sewer repair work on Ridge Road is nearing completion. The sanitary tie-ins on Ridge Road and Hamilton Avenue are underway and the detour on Ridge Road should be removed by June.

As the project nears completion, the project outreach team will begin educational outreach about roundabouts this summer, including clinics to help adjust drivers to the new configuration. If you would like the team to visit with your group, please reach out to the team members at [Lindsay.LeGrand@vdot.virginia.gov](mailto:Lindsay.LeGrand@vdot.virginia.gov).

Drivers are reminded to read the signage and pavement markings approaching the area and once in the construction zone. These elements are there to help drivers safely travel through the area with little interruption.

While congestion is possible during construction, at least one lane will remain open in each direction at all times. The team has established several alternate routes for drivers who wish to avoid any delays, but the road will remain open. Drivers can use Ellerslie Avenue to the north of the interchange or Westover Avenue to the south.

Check VDOT's website for the latest project progress, sign up for travel update emails and see project photos at [www.95templeimprovements.org](http://www.95templeimprovements.org).

# ***CDBG Emergency Home Repair Program***

Applications for the Program Year 2017 CDBG Emergency Home Repair Grant will be available beginning Thursday, June 1, 2017 and will be accepted through Friday, June 30, 2017. Up to \$8,000 is available for owner-occupied households to assist with specific home repairs or activities that eliminate conditions detrimental to the safety and health of the residents. Homeowners must meet income eligibility guidelines based on HUD requirements.

Eligible activities or repairs include, but are not limited to, the following:

- Faulty roofs,
- unsafe electrical,
- heating or plumbing system issues,
- and accessibility improvements.



The program is available citywide; however, priority will be given to households in the Violet Bank-Flora Hill and Shepherd Stadium districts. Priority will also be given to low-income households, persons who are elderly or disabled, first-time applicants and those that need repairs that constitute an emergency. Applications will be available at the Planning Department on the first floor of City Hall located at 201 James Avenue. Applications will also be available on the City's website [www.colonialheightsva.gov/planning](http://www.colonialheightsva.gov/planning), or by calling 804-520-9297.

## **BACK TO SCHOOL FESTIVAL**

### **Tuesday August 15 - 6-8pm**

Colonial Heights Soccer Complex.

Pre-register at [www.colonialheightsva.gov](http://www.colonialheightsva.gov) or by calling (804)520-9390.

Colonial Heights Residents Only!

Join us for this annual event. Families will enjoy games & local vendors. Concessions available for purchase. Children who preregister are guaranteed to receive some school supplies.

### **REVISED HOURS FOR SALE OF ALCOHOLIC BEVERAGES**

At the April 11 City Council meeting, the City Council approved Ordinance No. 17-11 which provides for sale of alcoholic beverages to mirror the state regulations. Mixed beverages, beer and/or wine may now be sold in Colonial Heights any time of day except between 2:00 a.m. and 6:00 a.m. for on-premise sale/consumption and any time of day except between 12:00 midnight and 6:00 a.m. for off-premise sale.

**REVISED**

## **THE CITY FOCUS**

**City of Colonial Heights  
Office of the City Manager  
Post Office Box 3401  
Colonial Heights, Virginia 23834-9001  
[www.colonialheightsva.gov](http://www.colonialheightsva.gov)**

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